Nancy McWilliams, Ph.D.
Author, Psychoanalytic Diagnosis: Understanding Personality Structure in the Clinical Process
Participant, Three Approaches to Psychotherapy: The Next Generation (DVD)
SUNDAY, OCTOBER 21, 2012
8:45 a.m.–4:45 p.m.
Ruth S. Harley University Center
One South Avenue, Garden City, NY
6 CE Credits

Master Clinicians at Work: Three Approaches to Psychotherapy
Emotion-Focused, Psychodynamic, Cognitive

To register online, visit derner.adelphi.edu/nancymcwilliams-conference.
Please submit a copy of this registration form for each registrant.

Name ________________________ Degree ________________________
Address ________________________
Telephone ________________________ Email ________________________
Business name and address ________________________

Discounted Early Registration (Postmarked by Wednesday, October 10, 2012)
On-Site

General $125 $150
Derner Institute postgraduate alumni, faculty and ASPP members $90 $110
Derner Institute current postgraduate and graduate students with ID $50 $70
Other current graduate students with ID $60 $80

Method of Payment
☐ Check enclosed (payable to Adelphi University)
Make checks payable to Adelphi University. To pay by credit card, please register online.
Mail to: Marge Burgard, administrative assistant Postgraduate Programs in Psychoanalysis and Psychotherapy Gordon F. Derner Institute of Advanced Psychological Studies Adelphi University P.O. Box 701, Garden City, NY 11530-0701

This conference provides 6 continuing education credits for psychologists. Attendance at the entire conference is required; no partial credit can be given. Adelphi University is approved by the American Psychological Association to sponsor continuing education credits for psychologists. Adelphi University maintains responsibility for this program and its content. Letters of attendance are available upon request. Application has been made for social workers to receive CE credits from the NASW.

Full refund if written cancellation request is postmarked no later than Wednesday, October 10, 2012. No refund after that date.

For further information, contact Marge Burgard at burgard@adelphi.edu.
Directions: adelphi.edu/visitors/directions.php or call 516-877-6844.
Should you require disability accommodations, please email DSS@adelphi.edu, giving notice of 72 hours before the event. Should you require ASL interpreting, seven days’ notice is required.
After this conference, participants will be able to:

1. Delineate major background assumptions of three preeminent approaches to psychotherapy
2. Describe how these assumptions translate into clinical practice
3. Discuss the factors common to all approaches that foster a therapeutic process
4. Differentiate the processes in psychotherapy as it is actually practiced from those that inevitably characterize a demonstration project, even when using real patients

CONFERENCE OBJECTIVES

How does a therapist’s theoretical orientation affect therapy? This conference provides a unique opportunity to explore this question by viewing DVD-recorded therapy sessions conducted by three master clinicians, each with a different theoretical orientation, working with the same patient. The three clinicians are: Les Greenberg (emotion-focused therapy); Nancy McWilliams (psychodynamic therapy); and Judith Beck (cognitive therapy).

Dr. Nancy McWilliams will be with us in person offering background information as well as personal reactions and reflections on her experiences as a participant in this project. She will help us assess the effectiveness and potentials of different therapy approaches.

The conference will present, on DVD:

1. The three therapy sessions in full
2. Interviews with each therapist discussing his/her theoretical orientation and its treatment implications
3. Discussion among the three therapists in which they explore the similarities and differences in their work

All mental health professionals are invited to have the fascinating experience of observing how the thoughts and feelings of three eminent therapists influence their treatment of patients.

CONFERENCE SUMMARY

The Postgraduate Psychotherapy Center provides affordable psychotherapy and psychoanalysis by licensed mental health professionals with advanced postgraduate clinical training. Patients are seen in private practice offices of clinicians throughout Long Island and the New York metropolitan area. Clinical specializations, such as couple therapy, child and adolescent psychotherapy and group therapy, among others, are available. Low-cost psychoanalysis is also offered. For more information or to schedule an appointment, please contact Director Jack Herskovits, Psy.D., at 516.877.4841.

POSTGRADUATE PSYCHOTHERAPY CENTER

The Postgraduate Psychotherapy Center offers six programs for licensed mental health professionals: a one-year program in psychoanalytic psychotherapy, a one-year program in psychoanalysis and psychotherapy, a three-year program in child, adolescent and family psychotherapy, one- and two-year programs in group psychotherapy, a two-year program in couple therapy, and a one-year supervision training program. There is also a one-year postgraduate program in psychodynamic school psychology with an optional second year for certified school psychologists and school social workers. Each program integrates theoretical and clinical seminars with supervised clinical experience. We are committed to each candidate’s professional and personal growth. Candidates are encouraged and assisted to develop their private practices.

SCHEDULE

All events take place in the Ruth S. Harley University Center, rooms 201 and 202.

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8:45 a.m.</td>
<td>Registration and continental breakfast</td>
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<tr>
<td>9:15 a.m.</td>
<td>Welcome and Introductions</td>
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<tr>
<td>9:30 a.m.</td>
<td>The Three Approaches to Psychotherapy DVD Project</td>
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<tr>
<td>9:45 a.m.</td>
<td>Emotion-Focused Therapy Session</td>
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<tr>
<td>10:45 a.m.</td>
<td>Discussion of Dr. Greenberg’s Session With Question-and-Answer</td>
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<tr>
<td>11:15 a.m.</td>
<td>Coffee Break</td>
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<tr>
<td>11:30 a.m.</td>
<td>Psychodynamic Therapy Session</td>
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<tr>
<td>12:30 p.m.</td>
<td>Discussion of Dr. McWilliams’s Session With Question-and-Answer</td>
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<tr>
<td>1:00 p.m.</td>
<td>Lunch (included in registration)</td>
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<tr>
<td>2:00 p.m.</td>
<td>Cognitive Therapy Session</td>
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<tr>
<td>3:00 p.m.</td>
<td>Discussion of Dr. Beck’s Session With Question-and-Answer</td>
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<td>3:30 p.m.</td>
<td>Video</td>
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<td>4:30 p.m.</td>
<td>Concluding Remarks</td>
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CONFERENCE SPEAKER

Nancy McWilliams, Ph.D., teaches at Rutgers University’s Graduate School of Applied and Professional Psychology and practices in Flemington, New Jersey. She is the author of Psychoanalytic Diagnosis: Understanding Personality Structure in the Clinical Process (1994, rev. ed. 2011), Psychoanalytic Case Formulation (1999) and Psychoanalytic Psychotherapy: A Practitioner’s Guide (2004). Her books have been translated into 15 languages and she lectures widely both nationally and internationally. She was associate editor of the Psychodynamic Diagnostic Manual (2006) and is a former president of Division 39 (Psychoanalysis) of the American Psychological Association and an honorary member of the American Psychoanalytic Association.

CONFERENCE COMMITTEE

Mary Beth Cresci, Ph.D., ABPP
Stephen Hyman, Ph.D., chair
Elaine Seitz, Ph.D.

POSTGRADUATE PROGRAM DIRECTORS

Richard Billow, Ph.D., group psychotherapy
Mary Beth Cresci, Ph.D., ABPP, adult psychoanalysis and psychotherapy
Stephen Hyman, Ph.D., psychodynamic school psychology
Andrew Karpf, Ph.D., psychoanalytic supervision
Elaine Seitz, Ph.D., child, adolescent and family psychotherapy
Michael Zentman, Ph.D., couple psychotherapy

POSTGRADUATE PROGRAMS POSTGRADUATE PROGRAMS IN PSYCHOANALYSIS AND PSYCHOTHERAPY

We offer six programs for licensed mental health professionals: a one-year program in psychoanalytic psychotherapy, a four-year program in psychoanalysis and psychotherapy, a three-year program in child, adolescent and family psychotherapy, one- and two-year programs in group psychotherapy, a two-year program in couple therapy, and a one-year supervision training program. There is also a one-year postgraduate program in psychodynamic school psychology with an optional second year for certified school psychologists and school social workers. Each program integrates theoretical and clinical seminars with supervised clinical experience. We are committed to each candidate’s professional and personal growth. Candidates are encouraged and assisted to develop their private practices.

PSYCHOANALYSIS AND PSYCHOTHERAPY POSTGRADUATE PROGRAMS IN

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