



Student Life

It's a familiar nightmare. You have a final at 8:00 a.m., and you've, shall we say, fallen a bit behind in your studies. You pace around your residence hall room, and realize that the pile of laundry that's been growing in the corner needs to be washed immediately. Reaching for your phone, you decide to call long-lost friends to reconnect. Suddenly, the face of your digital clock stares back at you in bold, accusatory red type: 10:34 p.m. To echo John Lennon's sentiments, "Whatever gets you through the night," it's time to turn to your old standbys, those failsafe ways that you've devised to cram for an exam. We spoke to some Adelphi students about their favorite study aids.

By Erin Walsh

Cramming

"Sometimes I study over the phone with my friend. We explain (things) to each other that we don't understand."
Kaitlyn Romeo '11
Undeclared Major



"Definitely have to have the cookies. It has to have sugar in it."
Isaton Sallah '11
Biology Major



"Coffee. I personally like Dunkin' Donuts—cinnamon and hazelnut. I like to mix the two. It's a whole mind thing—helps keep me up and stay focused."
Brett Garfinkel '08
Dance Major



"The Writing Center. It's really good. I've been there before. It's always good to bounce (papers) off of someone—sometimes mom isn't the most objective."
Adam Templeton '09
Undeclared Major



IOI

"If it's accounting or math, I like to study in my room, put on some music, and start crunching numbers."
Kanishka Kelshikar '09
Mathematics and Economics Major



"My iPod because it keeps me awake and upbeat."
Chioma Eze '08
Finance and Economics Major

