



Laura Teich is a strategic, award-winning business leader and certified professional career coach. Laura has 20+ years' experience as a corporate executive in technology, advertising and consulting. She led global teams in sales, business development, client relationships, and operations. During her career, she interviewed and coached college and business professionals passionately leading her to a full-time coaching career.

Laura brings a very personable and engaging communication style to career and leadership coaching for young adults. She is a high energy coach, strategist and accountability partner. Her focus is to elevate confidence, enhance interview skills, effective job search strategies, and actionable plans for positioning her clients for success in a highly competitive job market.

Laura is committed to supporting women's development and advancement. She is an active member of Empowering A Billion Women by 2020, Ellevate, and SheRunsIt. Laura volunteers at SheRunsIt, an organization for women in marketing and media on both their Leadership Committee and Mentor Program. She believes in life-long learning and serves as a Professional Development Committee volunteer for the International Coaching Federation of NYC.

Laura has a BS from Adelphi University, a CPC from Institute for Professional Excellence in Coaching, and certification as a Master Practitioner for the Energy Leadership Index Assessment Tool.