

# SURVIVING CANCER:

EMPOWER YOURSELF WITH  
NUTRITION AND HEALTHY  
LIFESTYLE

## ONLINE FORUM

October 1st 2021  
12 PM – 1 PM

### Where

Zoom and on Facebook

<https://www.facebook.com/adelphibreastcancerhotline>



*Dr. Heather Zinkin is a Radiation Oncologist at Northwell Health in Huntington with a special interest in breast cancer, integrative medicine, patient wellness and nutrition.*

### About the Forum

The "Surviving Cancer" online forum will provide important information to empower patients to take hold of their health.

### To Register:

[https://breast-cancer.adelphi.edu/au\\_event/surviving-cancer/](https://breast-cancer.adelphi.edu/au_event/surviving-cancer/)



*\*The 2021 educational forums are sponsored by The Junior Coalition of the Manhasset Women's Coalition against Breast Cancer, the Mother Cabrini Health Foundation, and the Northwell Health Cancer Institute.*