Online Celebration of Survivorship

Wednesday, October 13, 2021

breast-cancer.adelphi.edu
We are asking our guests to help support the Adelphi Breast Cancer Program by printing and cutting out the image below. Proudly fill in the # of years you are a survivor and display this image on the night of the Celebration of Survivorship by taping or pinning it to your shirt.
6:00 p.m.
Enter the Celebration Zoom Meeting

Introduction
Reyna Machado, MA, MBA
Executive Director, Adelphi Breast Cancer Program

Welcome Remarks
Manoj Pardasani, PhD
Dean, School of Social Work, Adelphi University

Speakers for the Evening
Arlette Hagans
4 yr. survivor

Luisa Jefferson
7 yr. survivor

Julie Bickar Nappi
3 yr. survivor and volunteer

Closing Remarks
Reyna Machado, MA, MBA
Executive Director, Adelphi Breast Cancer Program
As the stressors of the last year and a half shift into the past, an amazing opportunity comes toward us. A new beginning -- untethered by practices that no longer serve us. We have been given the opportunity to shake off habits and routines and decide how we want to spend our time and truly be present.

The staff at the Adelphi NY Statewide Breast Cancer Hotline & Support Program consistently took the opportunity, while in the storm, to plan for this new beginning. We are thrilled to be back in the office, on-site at Nassau University Medical Center, and in the community. In order to protect our most vulnerable community members, we have continued to hold educational forums, support groups and our beloved Celebration of Survivorship over ZOOM. As we look to the fall, we exhale knowing that during one of the most challenging times in history, our clients and volunteers were safe. We look forward to new beginnings and will carry with us the lessons learned as we embrace another year together.

Tonight promises to be an inspiring evening we are proud to share with you -- our clients, volunteers, and supporters. Thank you to the staff, volunteers, and Advisory Board members for your dedication which allows our program to serve the breast cancer community. Without your tireless efforts, our success would not be possible. As the program enters its 41st year, let’s continue to celebrate innovation, resilience, and support. You are not alone.
Manoj Pardasani, PhD, LCSW, ACSW, is the dean for the Adelphi University School of Social Work. As dean, Dr. Pardasani will provide leadership for the school and work collaboratively with other deans on Adelphi’s academic team. He will oversee all curricula, program development and faculty recruitment within the School, as well as student recruitment and retention.

Dr. Pardasani brings with him years of domestic and international higher education experience, along with extensive practical experience in administration and clinical social work. Previously, at Hunter College, City University of New York he served as associate provost for graduate and professional schools and professor in the Lois V. and Samuel J. Silberman School of Social Work. At Hunter College, he collaborated with the provost on the oversight of the Schools of Nursing, Social Work and Education, as well as the departments of Nutrition, Urban Public Health, Physical Therapy and Speech/Language Pathology.

Prior to this role, he was senior associate dean and associate dean for academic affairs in the Fordham University Graduate School of Social Service, as well as professor and interim director of the School’s online MSW program. He was also a faculty research scholar in Fordham’s Ravazzin Center on Aging. Dr. Pardasani earned his Doctor of Philosophy and Master of Social Work degrees from the Wurzweiler School of Social Work at Yeshiva University in Manhattan, and a Bachelor of Arts degree from the University of Bombay in India. He is a New York State Licensed Master Social Worker and Licensed Clinical Social Worker.
Arlette Hagans was diagnosed with breast cancer in July of 2017. A four year breast cancer survivor, Arlette is a natural born Long Islander, and is a proud daughter, a mother to her adult son and daughter, and a grandmother to three amazing grandchildren. Arlette credits her strong faith to helping her survive and thrive throughout her journey with breast cancer.

Throughout her surgeries and treatment, Arlette continued to work in the field of customer service and telemarketing, helping others. Arlette is dedicated to letting other women know the importance of keeping your faith, even when times are tough and that together, anything is possible.

Luisa Jefferson was diagnosed with breast cancer in the summer of 2014. After successfully completing chemotherapy treatment, she had surgery followed by radiation. Luisa credits her family, especially her husband, for helping her get through the tough times during treatment. Also, her job as a finance professional played a key role in keeping her mind occupied and helped her remain focused during her journey.
At age 45, after finding a lump accidentally while rolling over in bed, **Julie Bickar Nappi** was diagnosed with breast cancer that had already spread to a lymph node, despite having had a negative mammogram and ultrasound only a few months prior. Her children were ages 9 and 11 at the time and were instrumental in helping Julie get through surgery, chemo and radiation. She is now cancer-free while she continues with hormone therapy as well as participates in the national Aspirin for Breast Cancer (“ABC”) clinical trial. Both of Julie’s parents were diagnosed with later stage cancers and died too young, so she strongly encourages people to become their own advocates and educate themselves about cancer. Appearing on TV News12 in 2020 during the pandemic, Julie urged cancer screenings.

Julie is a management consultant and board member at Ardmore Home Design/Made Goods; she obtained her MBA from Harvard Business School and her BS in Economics from The Wharton School at the University of Pennsylvania.
We are here for you

ADELPHI NY STATEWIDE BREAST CANCER HOTLINE & SUPPORT PROGRAM

800.877.8077 Founded in 1980

BREAST CANCER HOTLINE
Call our hotline 800.877.8077 and speak with a breast cancer survivor or a licensed social worker

SUPPORT SERVICES
• Join an in-person or online support group (offered in both English & Spanish)
• Speak with a professional social worker in person or by phone

STAY INFORMED & CONNECTED
• Community Outreach
• Educational Forums
• Wellness Workshop
• Celebration of Survivorship
• Become a Volunteer

COMMUNITY PROGRAMS
• Our workshops are free and review risk reduction, early detection, nutrition, exercise and more.

• Sisters United in Health/Hermanas Unidas en la Salud is a collaboration of local organizations addressing health care disparities. We provide bilingual breast health information and connect people to free and low cost mammograms and other health screenings. Contact us at 516.877.4331.

• Bilingual Social Work Services are provided to underserved patients diagnosed with breast cancer.

All services are free and confidential
breast-cancer.adelphi.edu
BREAST CANCER EDUCATION AND EARLY DETECTION CAN SAVE YOUR LIFE!

Sisters United in Health
516.877.4331

WE CAN...

✔ Connect you to free and low-cost mammograms and other health screenings REGARDLESS OF YOUR HEALTH INSURANCE OR IMMIGRATION STATUS.

✔ Provide free health workshops.

We are supported by grants from the NYS Department of Health, the Mother Cabrini Health Foundation.

Sisters is a project of the Adelphi NY Statewide Breast Cancer Hotline & Support Program
breast-cancer.adelphi.edu • 800.877.8077
Support Groups

**WEEKLY GROUPS**

**General Support Group (Tuesdays)**
Women who are recently diagnosed with breast cancer will have the opportunity to meet with others in similar situations.

**Recurrence Support Group (Mondays)**
Women who have experienced a recurrence with breast cancer will have the opportunity to meet with others in similar situations.

**BI-WEEKLY GROUPS**

**Under 40, Young Women’s Group (Tuesdays)**
Women under the age of 40 who are diagnosed with breast cancer have particular needs. This support group will focus on those concerns while allowing the members to share their feelings in a safe supportive environment.

**Support for Stage 4 Breast Cancer (Thursdays)**
Meet with other women who are diagnosed with Stage 4 Metastatic Breast Cancer with others in similar situations.

**CREATIVE ARTS WORKSHOPS**

Our (4) week creative arts workshops empower participants to express themselves using art. This therapeutic program offers a safe place to communicate your thoughts, feelings, concerns, problems, hopes and dreams. Our professional staff guides you through different exercises and discussions helping you to find ways to gain personal insight and develop new coping skills.

For information on future workshops, please call Angela M. Papalia, LMSW at (516) 877-4329 or email apapalia@adelphi.edu.

breast-cancer.adelphi.edu
800-877-8077
The Adelphi Breast Cancer Program is open. All counseling and support groups are being offered over the phone and online.

To participate in one of the listed support groups please call our Hotline at 800.877.8077 or email breastcancerhotline@adelphi.edu to pre-register. Pre-registration is required.

All groups are facilitated by a licensed social worker or master level social work intern.

These groups are provided by the Adelphi Breast Cancer Program and supported by grants from the Alpern Family Foundation, Kat’s Ribbon of Hope, the Mother Cabrini Health Foundation, New York State, Pink Aid and Sientra Full Circle.

Support Groups for Spanish Speaking Women

CAFECITO
Twice Monthly
Call Angela Papalia, LMSW (516) 877-4329

Cafecito is a Spanish language support group for long-term survivors of breast cancer.

PARA NUESTRO BIENESTAR
Thursdays
Call Adriana Valencia, LMSW (516) 877-4371
Para Nuestro Bienestar is a Spanish language support group for newly diagnosed women with breast cancer. If you have been diagnosed within the last 18 months, this group offers a safe and confidential space where we can help you identify, accept and express the feelings you may be experiencing with your diagnosis.
October 22, 2021
*Rain date: November 5, 2021

**Time:** 6:30 pm  
**Location:** Adelphi University  
One South Avenue  
Garden City, NY 11530  
*Movie to be shown in parking lot 5

Tickets must be purchased in advance.  
Concessions will be available for purchase the day of the event.

**General Admission Ticket:** $40.00  
*Ticket prices are per car.

**TICKETS ON SALE NOW**

https://breast-cancer.adelphi.edu/au_event/movie-night-fundraiser/

Nickelodeon t-shirts will be provided to the first 150 people who attend.  
T-shirts will be sizes L and XL. While supplies last.
ADELPHI NY STATEWIDE BREAST CANCER HOTLINE & SUPPORT PROGRAM invites you to join us for a free online educational forum

Breast Relief - A Systematic Approach to Post-Mastectomy Pain

Monday, November 15, 2021 (4:00 - 5:15 pm)

Join us for an informative workshop with experts Jonathan Bank, MD, FACS, David Rosenblum, MD, and Diana Tjaden, PT, DPT, who will discuss the options women have when experiencing chronic pain after breast surgery.

REGISTRATION:
To register, visit https://bit.ly/3hww1hX
For more information call 516.877.4325.

LOGIN INFORMATION:
The zoom meeting login information will be sent to you upon registration. Using the link we send to you, please log on by 4 pm. Make sure your microphone is on mute.

The 2021 educational forums are sponsored by The Junior Coalition of the Manhasset Women’s Coalition against Breast Cancer the Mother Cabrini Health Foundation and Northwell Health Cancer Institute

breast-cancer.adelphi.edu
Help support our program.  
Your contributions are essential.

breast-cancer.adelphi.edu/donate

Support us with your very own facebook fundraiser.

Facebook Fundraisers

Did you know that you can host a fundraiser through your Facebook page to benefit the Adelphi NY Statewide Breast Cancer Hotline & Support Program?

All funds raised through Facebook go directly to our program.

Please visit https://breast-cancer.adelphi.edu/support-us/facebook-fundraising for step by step instructions to start your fundraising campaign.

The Pink Patch Project

Adelphi Public Safety has teamed up with the Adelphi NY Statewide Breast Cancer Hotline & Support Program to promote Breast Cancer Awareness Month. With your donation to the Adelphi Breast Cancer Program you will receive a pink uniform patch. All proceeds will be donated to the Adelphi Breast Cancer Program.

The Pink Patches will be available throughout the month of October, while supplies last, by visiting Public Safety in Levermore Hall, Room 113. With any donation amount you will receive a PINK PATCH. For more information contact SGT. Lennon at (516) 877-3499 or email: Glennon@adelphi.edu.
The Pink Pumpkin Patch

Join us at the **Pink Pumpkin Patch** at UNITARIAN UNIVERSALIST CONGREGATION OF CENTRAL NASSAU (UUCCN)

Date: Saturday, October 16th
Time: 12-5 pm
Place: 223 Stewart Avenue, Garden City, NY 11530

For more information and to place an order visit: [https://www.facebook.com/diane.turcic](https://www.facebook.com/diane.turcic)

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Fortunoff “Power of Pink”

**Fortunoff Fine Jewelry** is proud to support Adelphi Breast Cancer Hotline & Support Program. Fortunoff has curated a collection of jewelry that uses the pink color of the breast cancer awareness movement. The **#PowerofPink** donates 10% of sales from the “pink collection” to the Adelphi Breast Cancer Program. You will also receive 10% off your purchase.

Visit: [https://www.fortunoffjewelry.com](https://www.fortunoffjewelry.com)

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Ghosts and Goblins for Cancer

Each October for Breast Cancer Awareness Month, Frank Amoruso decorates his Island Park home as **THE BATES MOTEL**. Frank raises money with his haunted house to support the Adelphi Breast Cancer Program.

Visit the **BATES MOTEL** throughout October at 1039 Traymar Blvd, Island Park.
Karen Michele Kostroff, MD is one of New York’s most renowned breast cancer surgeons. Dr. Kostroff is presently Chief of Breast Surgery for Northwell Health and operates at Long Island Jewish Medical Center. She received her medical degree from Boston University School of Medicine and has been in practice for over 35 years. Dr. Kostroff oversees the Northwell Health breast tumor board, a system-wide teleconference with doctors from 18 different hospitals which allows patients to receive medical opinion from various specialties without having to book multiple appointments. She is one of Northwell Health’s 2021 Patients’ Choice Award Winners and is proud of her work in educating and guiding patients through their breast cancer journey. Dr. Kostroff is also a member of the Advisory Board for the Adelphi NY Statewide Breast Cancer Hotline & Support Program.
Congratulations

To the speakers at tonight’s Celebration of Survivorship and to all Breast Cancer Survivors.

Karen Kostroff, M.D., FACS
Chief of Breast Surgery, Northwell Health
2001 Marcus Ave. Suite West 270, Lake Success, NY 11042
516.775.7676
Long Island Plastic Surgical Group (LIPSG) comprises 24 plastic surgeons. Having performed over 10,000 breast reconstruction procedures and being the oldest and largest private and academic plastic surgery practice in the United States, LIPSG has made a commitment to provide education, create awareness, and take leadership on the subject of breast cancer and reconstruction. LIPSG’s main facility is in Garden City, NY, and the practice has additional offices in East Hills, Babylon, Manhattan, Brooklyn, Flushing, and Huntington.
proudly supports the
Adelphi Breast Cancer Program
and the
Celebration of Survivorship 2021

The Breast Reconstruction Center at Long Island Plastic Surgical Group is composed of surgeons with the highest level of training from some of the most respected institutions in the world including Memorial Sloan-Kettering Cancer Center and Cleveland Clinic.
NYBRA Plastic Surgery is a leading plastic surgery practice focused on surgical excellence in breast reconstruction, aesthetic surgery, and patient care. Located in Great Neck, New York, NYBRA has satellite facilities in Commack and Manhattan. Drs. Randall S. Feingold, Ron Israeli, Peter Korn, David Light and Jonathan Bank have decades of experience in microsurgery with a range of specialties and focuses. Our commitment is to the physical and emotional well-being of our patients through their journey and we are with them every step of the way. Visit NYBRA.COM for information about our services and a complete guide to our practice, and patient community.
DEDICATED TO PROVIDING EXCELLENCE IN BREAST RECONSTRUCTION

STATE-OF-THE-ART SURGERY:
Microsurgery
DIEP, SIEA, SHAEP, TUG, PAP and GAP flaps
Prepectoral direct-to-implant reconstruction
Repair of TRAM hernias and bulges

ACADEMIC LEADERSHIP:
New techniques presented at national conferences
Published in peer-reviewed journals and textbooks
Founders of the premier educational website breastreconstruction.org

PATIENT SUPPORT SERVICES:
Pre-op and post-op counseling and guided imagery
Patient and spouse support groups
In-office educational lecture series
Nutrition, meditation, writing and yoga workshops

COMMUNITY INVOLVEMENT
Flagship Sponsors of the annual American Cancer Society
Making Strides Against Breast Cancer Walk on Jones Beach
American Cancer Society Long Island Board of Advisors

NEW YORK BREAST RECONSTRUCTION & AESTHETIC PLASTIC SURGERY
833 NORTHERN BOULEVARD, SUITE 160, GREAT NECK, NY 11021
516-498-8400  NYBRA.COM/ADELPHI
Thank you to the staff and volunteers on a successful year.

Congratulations to our incredible speakers this evening. Your commitment and dedication inspire us all.

Reyna & Eddie Machado
Congratulations
to the staff at the
Adelphi NY Statewide Breast Cancer
Hotline & Support Program
on this year’s
Celebration of Survivorship.

Thank you
for your steadfast commitment
to serving our community.

“Safe, Natural, Easy Weight Loss Program”
28 Jones Street, Suite 101
Setauket NY 11733
(631) 468-8288

www.longislandweightlosscenters.com
In admiration of **ALL**
the honorees,
breast cancer survivors, fighters and caretakers.

Warm wishes
and blessings from

The DeMatteis Family
Debbie Langendorff honors the Adelphi Breast Cancer Program for providing support and information to women and men throughout New York State.

Thank You!

Thanks to all of the volunteers who inspire me daily with their strength, perseverance, commitment and dedication to help others.

I am forever grateful.

Nina Foley
CONGRATULATIONS to all of the 2021 panelists:

Arlette Hagans, Luisa Jefferson and Julie Bickar-Nappi.

You inspire us all!
With gratitude & love, Angela Papalia

In loving memory of Debbie and Hy Schwartz

Merna Sharqi

Thank you to the amazing staff and volunteers of the Adelphi Breast Cancer Program. Your unwavering dedication and compassion in helping others to weather the storm is unparalleled and gives hope to us all!

With love & gratitude, Angela Papalia

Thank you Angela Papalia and Adelphi Breast Cancer Program you all have given us all hope.

With love & gratitude, Arlette Hagans
Thank you for your support.

**Listed in alphabetical order**

The DeMatteis Family
Nina Foley
Arlette Hagans
Karen Kostroff, M.D., FACS
Debbie Langendorff
Long Island Plastic Surgery Group, PC
Long Island Weight Loss Center
Reyna and Eddie Machado
NYBRA Plastic Surgery
Angela Papalia
Merna Sharqi
New Beginnings.
Take charge of your health today!

CONTACT US

• Find out how to get a free or low-cost mammogram.

• Find out about breast cancer programs in your community.

• Talk to someone who can help.

SUPPORT • COUNSELING • REFERRALS • OUTREACH • EDUCATION • ADVOCACY

800.877.8077
breast-cancer.adelphi.edu
Your contributions are essential. Please visit our website to make a gift or donate by check.

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